



CAPT. AL & JULIE PLANT



INTRODUCTION

by CAPTAIN FRANK M. PAPY

As a fellow writer I recognize passion, adventure and experience. Julie and Captain Al are the epitome of these traits.

I ran a 51 foot charter Ketch which happened to be tied up next to Julie and Al's Black Sheep. They had been on a boating adventure experiencing all they could about many different ports of call. The customs, culture and especially the local food and how it was prepared.

Their passion for regional food is represented here in this wonderful book, to be kept and used as a reference for an adventure in taste and good health. To be politically correct Al and Julie lead an alternate lifestyle. They were nautically challenged.

We had known each other to say good morning as neighbors, but became close friends rather suddenly. At the time Al was editing the Sailorman Star magazine and Julie was doing marketing and photography, along with promotions, which included Donald Trump's Yacht. I had just unloaded my charter boat when I heard Al call 911 for help. Julie had gone into shock after choking on some food. I was able to get her breathing normally again. So you might say we have become life long friends.

The essence of sharing what they have learned with others is captured in everything they do. Especially in this new literary endeavour Gourmet Odyssey. Their personalities are reflected here and seasoned with the spice of real life.

If you want to eat like a King or Queen you won't go wrong with this genuine collection of tried and true galley delights.

Y'all enjoy!